

NOVEMBER 2016



White House Senior Center Activities Calendar

City of White House
105 College Street
White House, TN 37188
615-672-4350 ext 2116
615-672-4350 ext 2145 (Hotline for cancellation)

Monday	Tuesday	Wednesday	Thursday
	1 9a-Sittercise/Walk Noon-Birthday Potluck	2 9a-Walk in Gym 11:45 HOT LUNCH Followed by BINGO & Cards, Pool, Dominos, Canasta 	3 9a—Sittercise/Walk 10a-Bible Study Noon-Book Club 2p-3p-Line Dancing
7 9:15 Water Aerobics Zumba @ Gallatin Civic Center	8 9a-Sittercise/Walk 10a-Bowling	9 9a-Walk in Gym 11:45 HOT LUNCH Followed by Cards, Pool, Dominos, Canasta	10 CLOSED-VETERANS DAY Thank You! To all serving & have served! 
14 9:15 Water Aerobics Zumba @ Gallatin Civic Center	15 9a-Sittercise/Walk 10:00a-Learn/Play BUNCO	16a-Walk in Gym 11:45 HOT LUNCH Followed by Bingo & Cards, Pool, Dominos, Canasta 	17 9a-Sittercise/Walk 10a-Chaffin Barn Theater
21 9:15 Water Aerobics Zumba @ Gallatin Civic Center	22 9a—Sittercise/Walk 10a-Craft Corner	23 9a—Walk in Gym 11:45 HOT LUNCH Followed by Cards, Pool, Dominos, Canasta	24 CLOSED HAPPY THANKSGIVING 
28 9:15 Water Aerobics Zumba @ Gallatin Civic Center	29 9a-Sittercise/Walk 10a-MOVIE AT THE CENTER Noon-Farmers Rummy	30 9a-Walk in Gym 11:45 HOT LUNCH Followed by Bingo & Cards, Pool, Dominos, Canasta	

City of White House Senior Center—105 College Street, White House, TN
 Hours—Monday through Thursday 9a-5p
 Coordinator Hours- Monday through Thursday 9a-2p

notes

**Center available Monday through Thursday 9a-5p for Open Play:
 Cards, Pool, Games, Puzzles & Dominos!!**

Senior Center Notes.....



Wednesday Lunch Menu

Call in your

RESERVATION BY MONDAY
NOON to 615-672-4350 ext
2116



Sorry, All NO SHOWS will be charged!
Seniors \$2.50—To Go \$3.00
Non Seniors \$5.50-To Go \$6.00

November 2
BBQ Chicken
Pasta Salad
White Beans
Cornbread
Honeybun Cake



November 9
King Ranch Chicken Casserole
Mexican Rice
Refried Beans
Chips
Carrot Cake

November 16
Hamburger Steak
Mashed Potatoes
Brussel Sprouts
Rolls
Peach Cobbler



November 23
Chicken and Dressing
Green Bean Casserole
Rolls
Pumpkin Spice Cake

November 30
BBQ Sausage Links
Macaroni and Cheese
Cole Slaw
Cornbread
Black Forrest Pie

BINGO

Wednesday
October 5th & 19th!

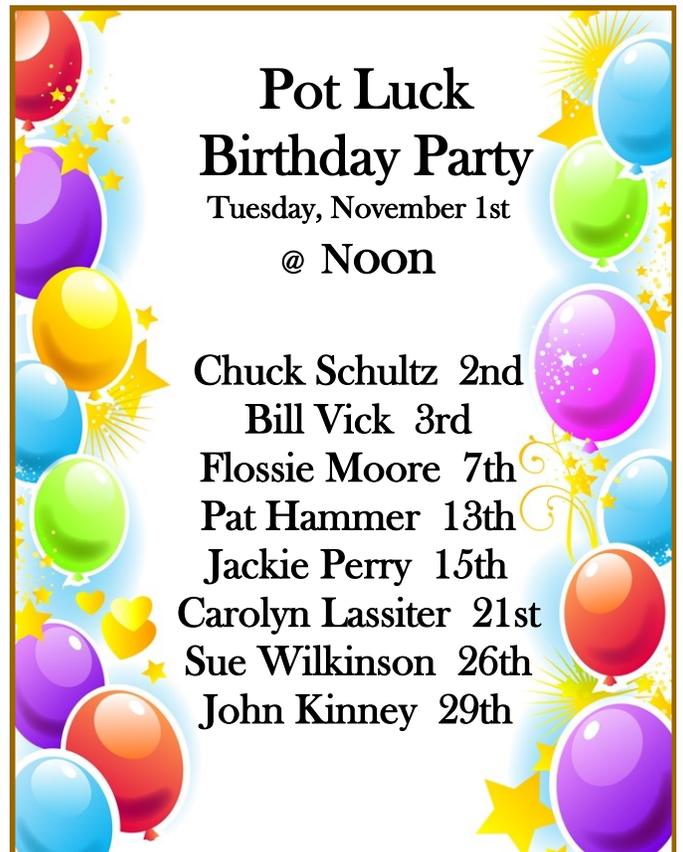
Bring a nice \$3.00 wrapped gift labeled
male or female. Cover-All winner
receives a gift.

October Bingo Cover-All Winners!!
Carolyn Wood
Earl Hudson

Pot Luck Birthday Party

Tuesday, November 1st
@ Noon

Chuck Schultz 2nd
Bill Vick 3rd
Flossie Moore 7th
Pat Hammer 13th
Jackie Perry 15th
Carolyn Lassiter 21st
Sue Wilkinson 26th
John Kinney 29th



NOVEMBER EVENTS



NOVEMBER 1ST-BIRTHDAY POTLUCK



NOVEMBER 3RD- BIBLE STUDY



NOVEMBER 3RD-BOOK CLUB



NOVEMBER 8TH-BOWLING



NOVEMBER 15TH—LEARN/PLAY BUNCO



NOVEMBER 17TH—CHAFFIN BARN THEATER –FULL



NOVEMBER 22ND-CRAFT CORNER



NOVEMBER 27TH-MOVIE AT THE CENTER
BRING A SNACK TO SHARE



NOVEMBER 27TH- FARMERS RUMMY AT
NOON BRING A LUNCH



WATER AEROBICS OR ZUMBA EVERY MONDAY!
SITTERCISE EVERY TUESDAY & THURS
WALK IN GYM MON-THURS



Special thanks to Melanie Edwards for arranging our TN State Capitol visit!!

Thank you to Karen Newcomb for sharing your seamstress abilities with the Seniors!

Thank you to Mary Kennard & Sue Bennett for teaching us Line Dances!

notes



WITH THE SENIORS IN OCTOBER!



October Birthdays!!!



**BIBLE STUDY with
Carole Dollar**



OCTOBER-Bingo Winners!

**Carolyn Wood
Earl Hudson**



Trip to Tennessee State Capitol



**Golfing at Opry
Mills**

