

**RESOLUTION 15-09**

**A RESOLUTION OF THE CITY OF WHITE HOUSE, TENNESSEE, AUTHORIZING PARTICIPATION IN TRISTAR HEALTH'S "YOUR AMAZING HEALTH RACE" WELLNESS PROGRAM.**

**WHEREAS**, the City recognizes that employee health is related to lifestyle decisions and many illnesses and injuries can be prevented by positive individual health practices; and

**WHEREAS**, the City desires to reduce costs related to medical claims by improving employee participation in health and wellness; and

**WHEREAS**, TriStar Health seeks to encourage positive health strategies that assist in controlling medical costs for all parties; and

**WHEREAS**, the City of White House now seeks to participate in this important free program; and

**WHEREAS**, the City wishes to provide incentives to its employees based on participation in this program.

**NOW, THEREFORE, BE IT RESOLVED** by the Board of Mayor and Aldermen of the City of White House that:

Section 1. That the City of White House is hereby authorized to participate in TriStar Health's "Your Amazing Health Race" Wellness Program.

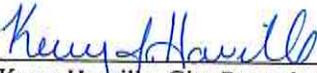
Section 2. That the City of White House is further authorized to provide the following incentives to full time employees:

- (a) Five (5) hours of personal leave for completion of the initial biometric screening, three (3) of the six (6) onsite challenge sessions, and the finish line assessment that must be used before March 31, 2016; or
- (b) Ten (10) hours of personal leave for completion of the initial biometric screening, all of the six (6) onsite challenge sessions, and the finish line assessment that must be used before March 31, 2016.

Adopted this 20<sup>th</sup> day of August 2015.

  
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Michael Arnold, Mayor

ATTEST:

  
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Kerry Harville, City Recorder